Session 1 Pre Meeting Prep

- Familiarize yourself with the Traction format.
- Browse the content on Mighty Network (FYI: there are no videos for this session).

Session 1 Post Meeting Actions

- Watch the Recap video and three videos on *Empowerment of the Holy Spirit* (sooner than later).
- Read and prioritize *Empowerment of the Holy Spirit* action items to carry out in the next two weeks.

Session 2 Pre Meeting Actions

- Watch the Recap video and the *Empowerment through the Holy Spirit* videos as soon as possible.
- Consider the following actions:
    - Raise up an intercessory prayer team to pray together for the renewal efforts in your parish. Ask them to pray for the power of the Holy Spirit to be released upon the parish which will help to prepare fertile soil for the work that is to be done.
    - Plan a homily/homily series around the role of the Holy Spirit in the Church. Use the early Church as a guide and how the Holy Spirit moved powerfully to transform lives (See the book of Acts).
    - Include a moment of prayer in your homily or at another appropriate time in the liturgy to allow time for the Holy Spirit to move. Give those at Mass an opportunity to experience how the Holy Spirit can move among them communally even within the liturgy.
    - Introduce/practice communal prayer with one another and over one another at leadership gatherings (meetings, discipleship gatherings, leadership summits, etc.)
    - Spend an hour this week in front of the blessed sacrament asking "God what is your vision for your church?" Sit in silence waiting for His inspiration. Write down every thought that comes to mind. Use these God-inspired thoughts as the starting point to begin to paint a picture of the future for your church that creates passion for you and that will eventually create passion among your parishioners.

Session 2 Post Meeting Actions

- Watch Recap video and three videos on The Pastor as Leader (sooner than later)
- Read and prioritize The Pastor as Leader action items to carry out in the next two weeks.

Session 3 Pre Meeting Actions

- Watch the Recap video and three videos on *The Pastor as Leader* (sooner than later)
- Consider the following actions:
  - Take the Clifton StrengthsFinder Assessment. Confirm your results - what surprised you - was there something new revealed (strengths and non-patterns)?
    - Clifton Strengths Assessment: https://store.gallup.com/c/en-us/assessments
  - Carve out a regular weekly time in your calendar to grow in leadership understanding, investment, and awareness, by reading, listening to podcasts or watching videos.
  - List your typical weekly tasks. How you are using or not using your Strengths in those tasks? What non-patterns (weaknesses) are overplayed? Are any of your top 5 Strengths going untapped?
  - Invite a trusted leader, team member or mentor to meet with you to help you grow in leadership. Have them speak into what they see and hear from you - strengths, blind spots, tendencies, etc.
  - Identify which Strengths you need to bring around you that you do not possess already to develop a well-balanced team.
  - What is one step/action you can take around each of your top 5 Strengths that will help you live out and unleash the full potential of your Strengths?

- What percentage of your time do you currently spend in these 4 areas? What does it need to look like to bring better balance?
    - Preaching (and preaching prep)
    - Sacraments (prep, celebration, fellowship)
    - Leadership (not administration and management – but intentional leadership)
    - Everything else (maintenance, admin, busy work)
- Write out your own organizational chart – can be just names or areas of ministry or both – and then draw lines of direct report from each person to the one that supports them. Who is not supported? Where is it unclear? Who and how many people you are personally responsible for supporting?

Session 3 Post Meeting Actions

- Watch Recap video and three videos on *Equipping Others for Leadership* (sooner than later)
- Read and prioritize *Equipping Others for Leadership* action items to carry out in the next two weeks.

Session 4 Pre Meeting Actions

- Watch Recap video and three videos on *Equipping Others for Leadership* (sooner than later)
- Consider the following actions:
    - Have your team complete the StrengthsFinder Assessment and discuss the results together. Review the StrengthsFinder Leadership Domains to determine if the team is balanced across the themes as a collective group. Which domain is most represented? Most under-represented?
    - Complete the Team Health Assessment in the DR Guidebook on page 29. Fill it out individually and then discuss your responses together as a team. What areas need to be addressed? What are some next steps?
    - Create a plan for your leadership team meeting structure, cadence, who will perform what role/responsibility, and how decisions and needed actions will get cascaded to others that you support outside the team.

Session 4 Post Meeting Activity

- Watch Recap video and three videos on *The Pastor as Evangelist* (sooner than later).
- Read and prioritize *The Pastor as Evangelist* action items to carry out in the next two weeks.

Session 5 Pre Meeting Actions

- Watch Recap video and three videos on *The Pastor as Evangelist* (sooner than later).
- Consider the following actions:
    - Have your team complete the APEST Assessment. Discuss, "How well do the assessment results match your experience of working with each other? How could these results help you to better understand and encourage each other in your parish work?
    - Look at your staffing positions, areas of ministry, ministry offerings, and your budget through the lens of evangelization. Are there any adjustments that need to be made to these areas to raise the priority for evangelization? Set goals and next steps around these adjustments.
    - Plan a homily/homily series around your vision for evangelization at the parish – outline each message and focus on casting vision to the pews.

Session 5 Post Meeting Actions

- Watch Recap video and three videos on *Empowering the Parish for Evangelization* (sooner than later).
- Read and prioritize *Empowering the Parish for Evangelization* action items to carry out in the next two weeks.

Session 6 Pre Meeting Actions

- Watch Recap video and three videos on *Empowering the Parish for Evangelization* (sooner than later).
- Consider the following actions:
  - New to Alpha: Identify a leader with a heart for evangelization and a contagious personality. Make a plan together to launch Alpha. Don't launch it as just a program but instead as a tool that will change your parish culture. Aim of your evangelization tool:
    - radical hospitality is modeled
    - community is built
    - people are invited into a relationship with Jesus
    - people encounter the Holy Spirit
    - people learn to pray with and for one another
    - a culture of invitation is created and normalized
    - new leaders are identified and raised up.
  - Expand Alpha: If you've been doing it for a while and no longer seeing the fruit assess if it has become just another program. Refocused aims of your evangelization tool:
    - build a strategy with your team to expand it (more than setting start and end dates)
    - preach on it – frequently (share guest testimonies)
    - challenge the parish to invite (may take 5 invites to get one yes)

        - create next steps for Alpha alumni that continue to build on their experience in Alpha
        - over-invest in your Alpha team and/or evangelization team
        - work toward a hybrid model...don’t stop online
        - get creative (Pub night Alpha, Sushi Alpha, Date Night Alpha, School Alpha, Workplace Alpha, etc.)
        - raise up new leaders AND develop the culture of invitation
        - share testimonies in the parish of lives changed through the Alpha
    - With your leadership team, identify 5 names of FACT people (Faithful, Available, Contagious, Teachable). Edit your list as needed by adding names, removing names, making notes, and then starting to put leadership roles next to each name. Make a plan for investing in them and inviting them into leadership. Don't forget to support them along the way.